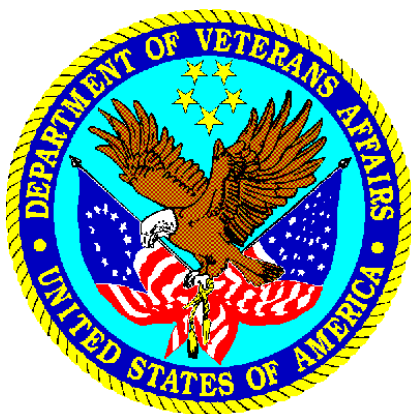


# EXHIBITS

**HealthierUS Veterans**  
**Managing Obesity for Veterans Everywhere**  
**President's Challenge/ Fit for Life Corps**  
**Boston STEPS Program**  
**Healthy Eating**  
**Physical Activity**  
**Body Mass Index Measurement**  
**Motivational Health**  
**Paralyzed Veterans of America**  
**Fitness for those with disabilities**  
**Veteran Integrated Service Network Table on**  
**Healthful Living**



# HealthierUS Veterans



DATE:

MAY 19, 2006

TIME:

12:00 pm – 1:30 pm

LOCATION:

VA Boston Healthcare System  
1400 VFW Parkway  
West Roxbury, MA 02132

# AGENDA

12:00p.m.	Opening Ceremony: Michael M. Lawson, Director VA Boston Healthcare System  Pledge of Allegiance- Kenneth Medeiros, President New England Paralyzed Veterans of America  Guest Speakers:
12:05p.m.	Jeannette Chirico-Post, MD, Director VA New England Healthcare System
12:10p.m.	Peter Connell- Veteran
12:20p.m.	William Sinnott, JD Corporation Counsel, City of Boston
12:30p.m.	Kenneth Moritsugu, MD, Deputy Surgeon General
12:40p.m.	Dr. Jonathan Perlin, MD, PhD, MSHA, FACP Under Secretary for Health, VA
12:50p.m.	Closing Remarks
12:55p.m.	Walk and Roll Fitness Activity around West Roxbury campus led by BC Women's Basketball Team



## VHA MOVE PROGRAM

The *MOVE!* Program is designed for veterans enrolled in the VA Healthcare System who want assistance with managing their weight. It is an evidence-based, patient-centered weight management program with a comprehensive focus on health and wellness through nutrition and physical activity behavior change. *MOVE!* can help veterans lose weight, keep it off, and improve their health. For more information on the *MOVE!* Program speak with your VA Boston Healthcare provider or please visit:

[www.move.med.va.gov](http://www.move.med.va.gov)

## BOSTON STEPS PROGRAM

*Steps to a HealthierUS (Steps)* is a bold new initiative from the U.S. Department of Health and Human Services (HHS) that advances President George W. Bush's *HealthierUS* goal of helping Americans live longer, better, and healthier lives. The *Steps* initiative envisions a healthy, strong U.S. population supported by a health care system in which diseases are prevented when possible, controlled when necessary, and treated when appropriate. Realizing that small changes over time can yield dramatic results, the *Steps* initiative is committed to identifying and promoting programs that encourage small behavior changes. For more information, please visit:

[www.healthierus.gov/steps/](http://www.healthierus.gov/steps/)